

5th Annual Lobster Ride



Tide Runners - 1 North Road, Hampton Bays, NY 11946 - 631 728-7373

Sunday, August 28, 2011

Tide Runners is a restaurant & marina located directly on the very scenic Shinnecock Canal. This will be the **best "Lobster Ride" yet**, so don't miss out on your chance to enjoy, with your SBRA buddies, a day that begins with a beautiful scenic ride along some of Long Island's most beautiful coastline and ends with a great waterfront meal.

\$25 per person for all choices **except lobster** (see selection list below)

\$35 per person for LOBSTER

INCLUDES TAX & GRATUITY

Also includes LEMONADE, ICED TEA & COFFEE

Make your meal choice from the list below (no changes later) and **mail your check made out to "SBRA"** for either \$25 or \$35 (per the options listed above) to:

SBRA, c/o Elaine Sullivan

44 Arlington Road

Lake Ronkonkoma, NY 11779

Your **meal choice** along with your **check** must be received **by Aug 19th. No exceptions!**

This event fills up quickly... early registration is encouraged

Rain or Shine at Tide Runners (indoor seating is available) - no refunds.

THE BOARD HAS DECIDED THAT THERE WILL NOT BE A MEAL SUBSIDY.

Registration is at 8:45am sharp at Tide Runners parking lot, **ride start is at 9 am** from Tide Runners and lunch to follow ride at 12:30 pm.

Ride Leaders needed for: D, C, C+, B-, B, B+ & A rides. Cue sheets will be provided.

Ride Leader Volunteers please email: Barbara Braun (babs2@optonline.net) or Margaret Matthews-Ziel (mattziel@optonline.net)

Questions about the food reservations, please email: Elaine Sullivan (ebsullivan44@yahoo.com)

Detach slip below, check off your selection, and include with your check:

Please select from the 5 entrée choices listed below: (fill out this slip & include it with your check)

Name: _____ Phone: _____

Address: _____ Email: _____

Guest Names: _____

_____ Members Attending _____ Non-Members Attending **Total Amount Enclosed: \$** _____

Grilled Asian Shrimp Salad \$25
Avocado, carrots, scallions, Asian sesame Vinaigrette topped with wonton crisps.

Beer Battered Fish & Chips \$25
with Tartar sauce.

Tuna B.A.L.T. Sandwich \$25
Grilled tuna steak, bacon, avocado, lettuce, tomato and wasabi mayo.

Grilled Chicken Panini \$25
Roasted red peppers, fresh mozzarella and pesto mayo.

1 1/4 lb. Steamed Lobster \$35
Corn on the cob, baked potato and drawn butter.

Entrée selection final